

# Maine’s DHHS Certified Community Behavioral Health Clinic (CCBHC) Model Overview

January 6, 2023



Department of Health and Human Services

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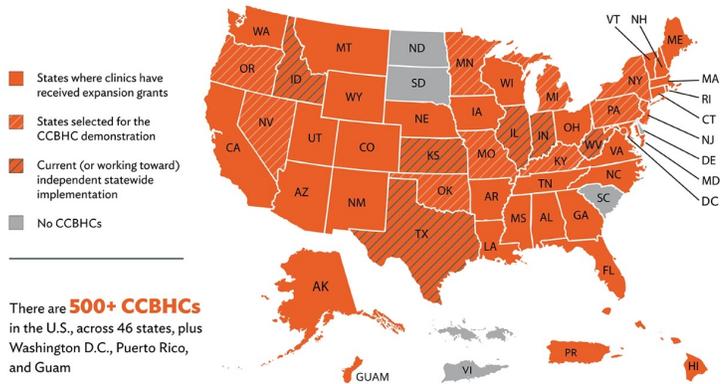
## What is CCBHC?

A Certified Community Behavioral Health Clinic (CCBHC) is an organization that provides co-occurring community behavioral healthcare that aims to improve service quality and accessibility.

CCBHCs offer:

- Coordinated mental health and substance use services across the lifespan regardless of diagnosis, ability to pay, or place of residence.
- Person- and family-centered services driven by the needs and preferences of clients and their families
- A range of evidence-based, trauma-informed services and supports to meet the needs of their communities
- Collaboration with other providers and health care systems to ensure coordination of care.

### Status of Participation in the CCBHC Model



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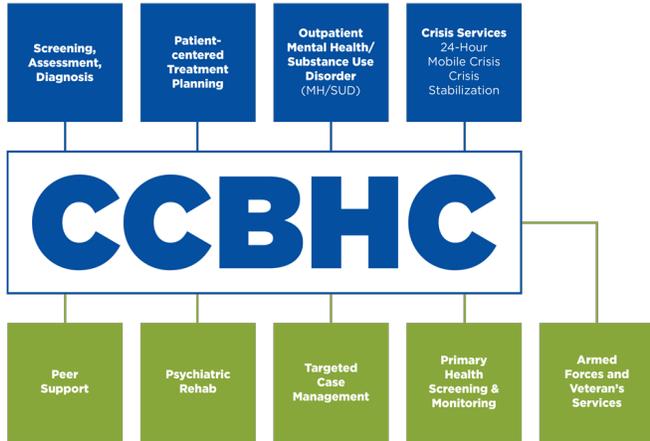
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## The CCBHC Model

CCBHCs receive daily or monthly rates tied to quality measures to expand the scope of mental health & substance use services available in their communities.

-  **Staffing**
-  **Availability & Accessibility of Services**
-  **Care Coordination**
-  **Scope of Services** →
-  **Quality & Other Reporting**
-  **Organizational Authority, Accreditation & Governance**



The diagram shows a central box labeled 'CCBHC'. Above it are four blue boxes: 'Screening, Assessment, Diagnosis', 'Patient-centered Treatment Planning', 'Outpatient Mental Health/Substance Use Disorder (MH/SUD)', and 'Crisis Services' (with sub-points: 24-Hour Mobile Crisis, Crisis Stabilization). Below it are five green boxes: 'Peer Support', 'Psychiatric Rehab', 'Targeted Case Management', 'Primary Health Screening & Monitoring', and 'Armed Forces and Veteran's Services'. A large blue arrow points from the 'Scope of Services' text to the central 'CCBHC' box.

Slide adapted from the National Council for Mental Wellbeing [TheNationalCouncil.org](http://TheNationalCouncil.org) Department of Health and Human Services 3

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## Maine's Behavioral Health System Improvements and CCBHC

Maine Department of Health and Human Services is committed to system improvement for Mainers living with mental health, substance use and co-occurring disorders with a focus on current and future initiatives:

  
**Prevention**

  
**Early Intervention**

  
**Expansion of Treatment Options and Access**

  
**Harm Reduction**

  
**Crisis Care**

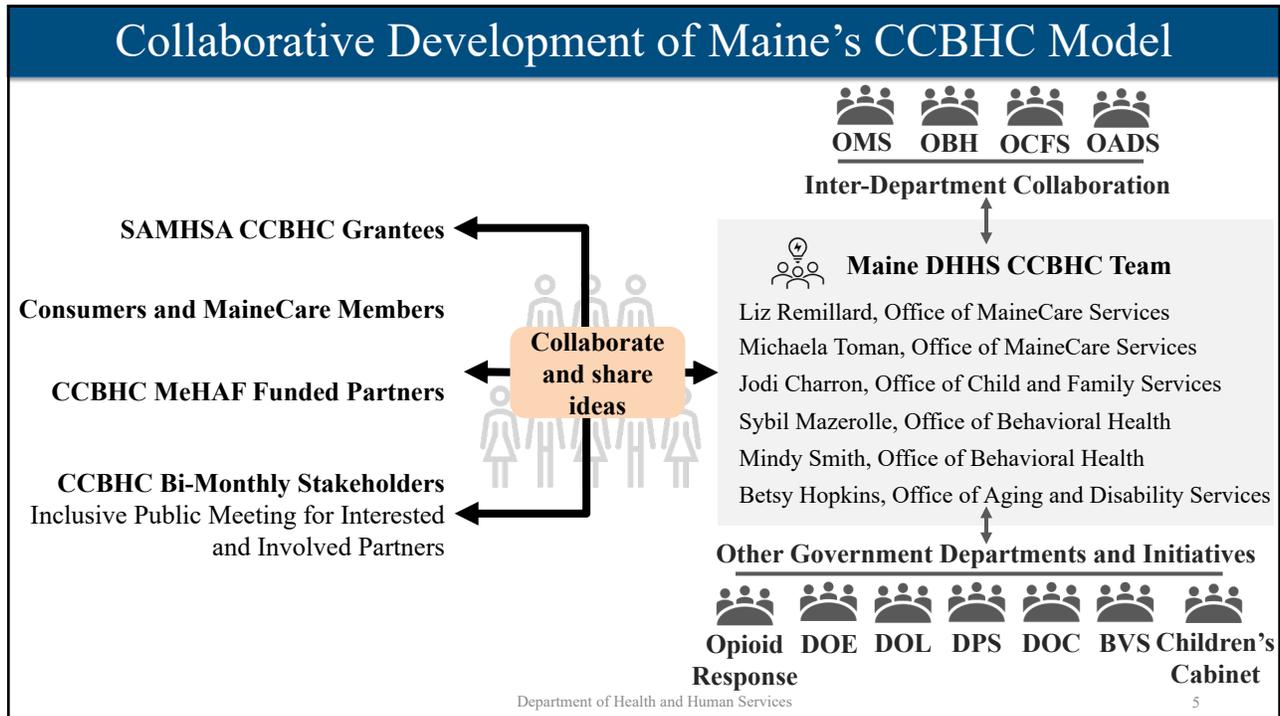
  
**Community-Based Recovery and Criminal Justice Interventions**

  
**Behavioral Health Infrastructure**

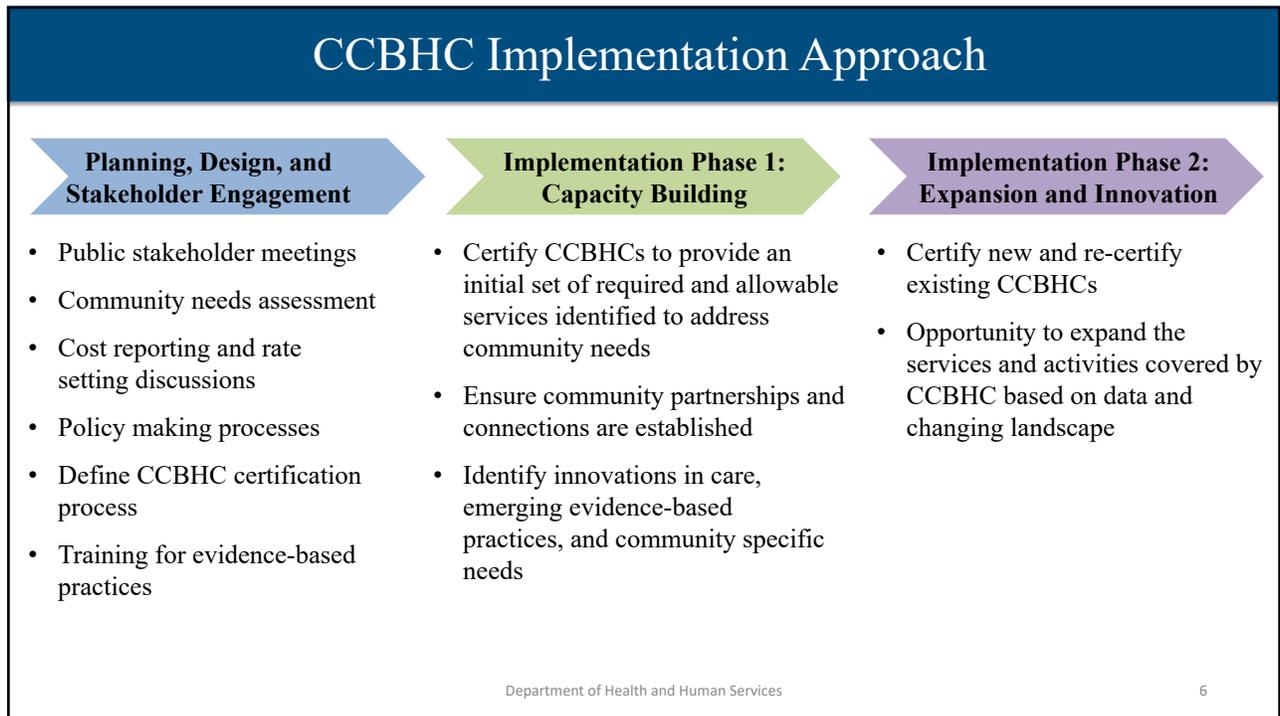
By July 2024, Maine DHHS aims to have a certification processes, reimbursement structure, and programmatic infrastructure to support an integrated behavioral health system designed to meet community needs, emphasize outcomes monitoring and accountability, and provide comprehensive coordinated care to any person regardless of diagnosis or ability to pay.

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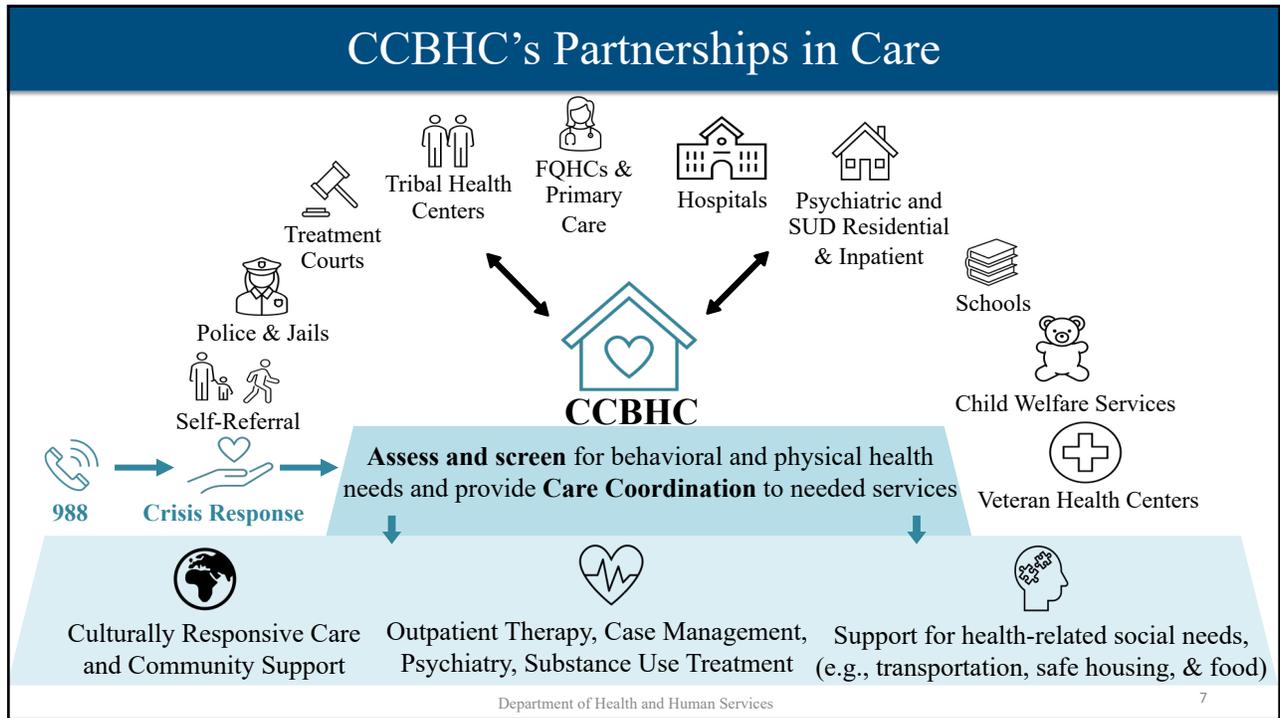
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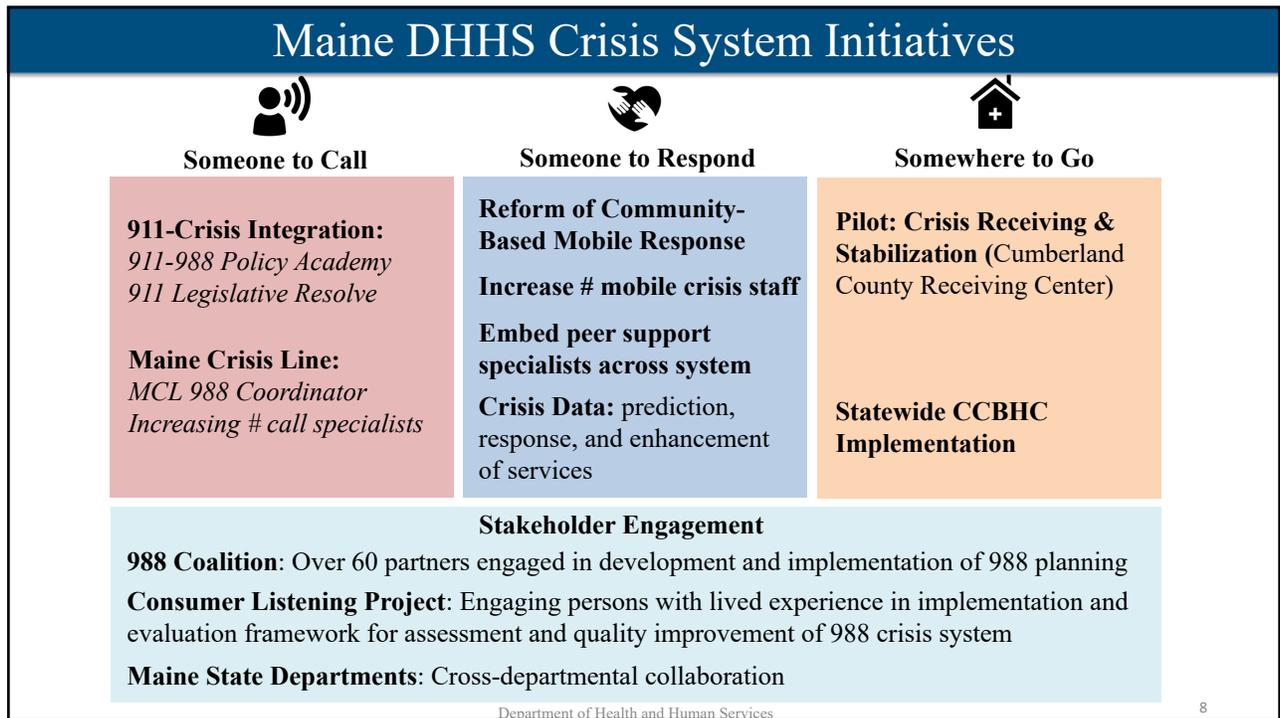
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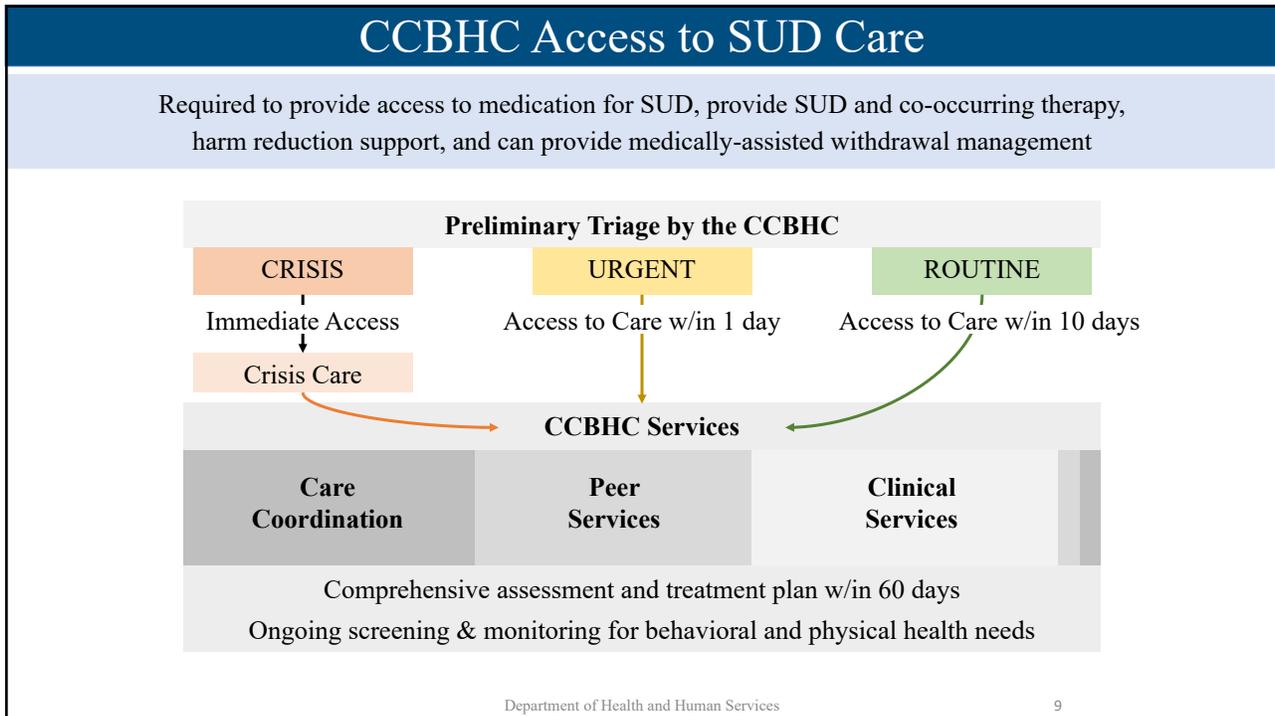
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## SAMHSA CCBHC Grantees in Maine

**2020 Grantees**

- Community Health and Counseling Services (Bangor Area)
- Sweetser (Brunswick Area)

**2021 Grantees**

- Aroostook Mental Health Center (Aroostook, Washington, & Hancock Counties)
- Kennebec Behavioral Health (Somerset & Kennebec Counties)
  - Crisis services in partnership with Crisis and Counseling

**2022 Grantees**

- Maine Behavioral Healthcare (Sanford/Biddeford Area)
- Spurwink (Cumberland County)

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# Contacts and Engagement

General Questions and Contact Information:

[CCBHC\\_DHHS@maine.gov](mailto:CCBHC_DHHS@maine.gov)

## Public CCBHC Stakeholder Engagement Meetings

4<sup>th</sup> Mondays, every other month

January 23, 10:30am-12pm



Maine Department of Health and Human Services

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