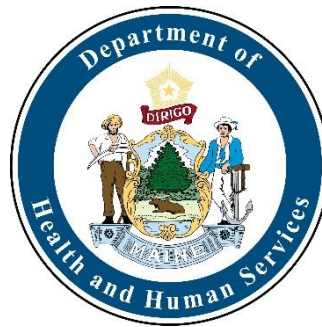


State of Maine Overdose Response and Prevention: OPTIONS

Sybil R. Mazerolle
SUD Program Manager



OPTIONS

What it Means:

- **O:** Overdose
- **P:** Prevention
- **T:**Through
- **I:** Intensive
- **O:** Outreach
- **N:** Naloxone &
- **S:** Safety

What it is:

- SUD Clinical Co-responder embedded within a First Responder agency
- Community-based Recovery Support Partner
- Public Messaging Campaign
 - Good Samaritan Law
 - Anti-stigma
 - Harm reduction and overdose prevention strategies

OPTIONS: State of Maine Data

SUD Data:

- 2018- 354 overdose deaths
- 2019- 380 overdose deaths
- 2020- 502 overdose deaths
- EMS Non-fatal Overdose activations 2019: 9677
- EMS Non-fatal Overdose activations 2020: 9844
- <https://mainedrugdata.com/>

OPTIONS: Medicaid Expansion

- Implemented January 2019:

<https://www.maine.gov/governor/mills/news/governor-mills-signs-executive-order-directing-dhhs-move-forward-medicaid-expansion-2019-01-03>

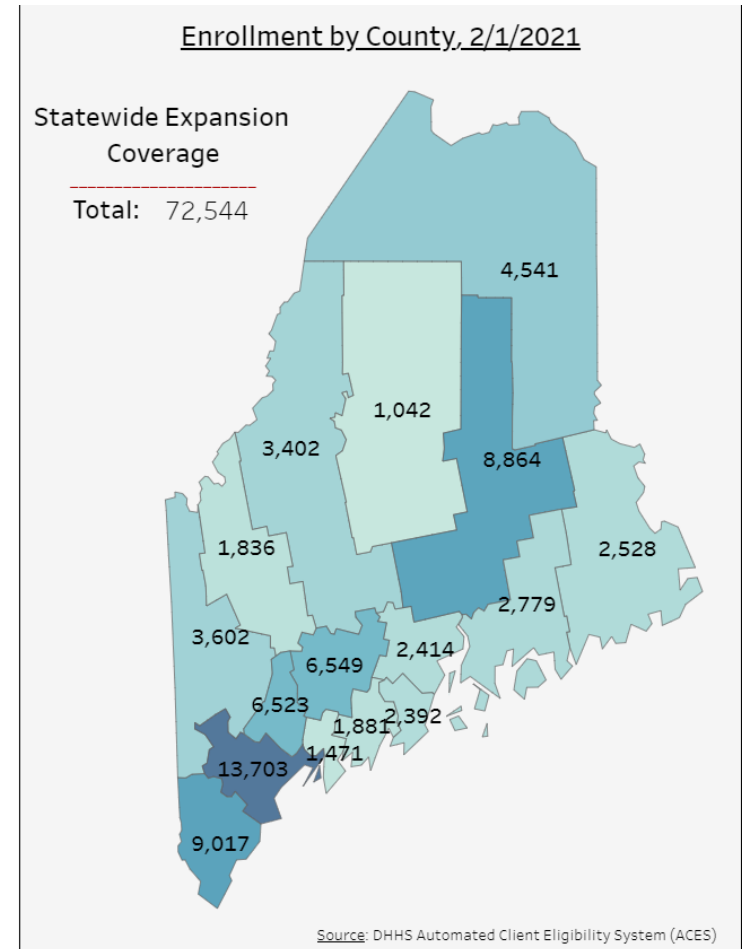
Expansion Impact Date Filter
12/31/2020

Expansion Impact, 12/31/2020

	Members
. Breast Cancer Screenings	5,478
. Colorectal Cancer Screening	3,961
. Treatment for Diabetes	6,103
. Treatment for Hypertension	6,417
. Mental Health Treatment	37,513
. Substance Use Disorder Treatment	14,169
. Opioid Use Disorder Treatment*	10,051

*Members receiving Opioid Use Disorder Treatment data is included within members receiving Substance Use Disorder Treatment data

Source: MaineCare Claims



OPTIONS: State OUD/SUD Programming

Syringe Service Programs

Syringe Service Program Contracts	
Name	Location
City of Portland-India Street Clinic	Portland
MaineGeneral Medical Center	Augusta, Waterville
TriCounty Mental Health Services	Lewiston
Health Equity Alliance	Bangor, Ellsworth, Machias, Belfast, Calais, Rockland, Deer Isle, Dover-Foxcroft**
Maine Access Points	Sanford, Calais, Machias***, Caribou**, Rumford**
Amistad	Portland*
Wabanaki	Bangor*

OPTIONS: State OUD/SUD Programming

Rapid Induction

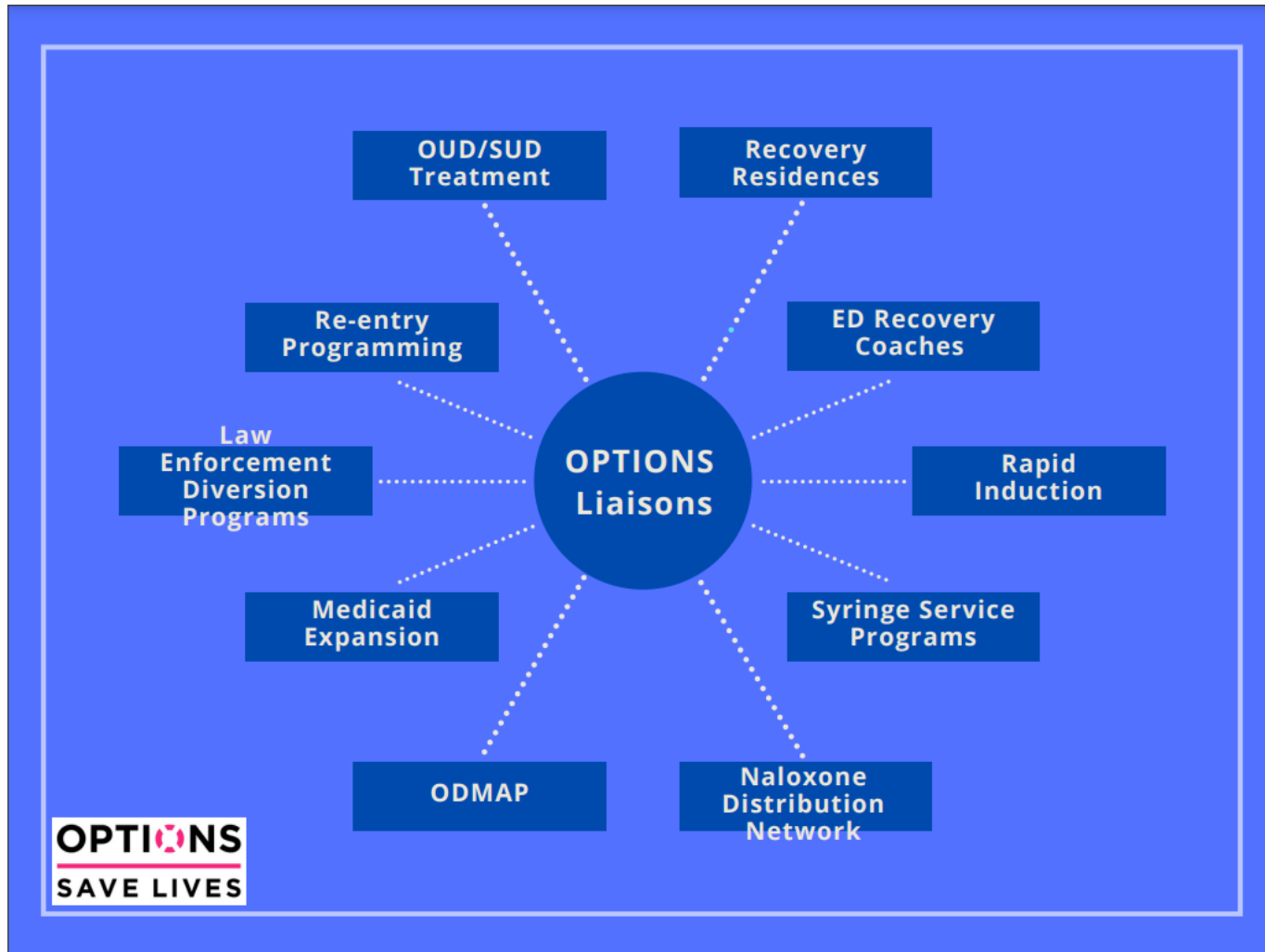
Hospitals in Maine Initiating Buprenorphine in EDs	
Hospitals noted with light red shading are offering MAT in the ED.	
Hospitals noted without shading have not implement a program as of January 2021	
*based on January 2021 Needs Assessment and ODMAP County Readiness Assessments	
Bridgton Hospital	Northern Light Eastern Maine Medical Center
Calais Regional Hospital	Northern Light Inland Hospital
Cary Medical Center	Northern Light Maine Coast Memorial Hospital *looking to implement in next six months
Central Maine Medical Center	Northern Light Mercy Hospital
Down East Community Hospital	Northern Light Sebecook Valley Hospital
Franklin Memorial	Northern Maine Medical Center
Houlton Regional Hospital	Pen Bay Medical Center
Miles Memorial Hospital	Penobscot Valley Hospital
Maine General Medical Center	Redington-Fairview General Hospital
Maine Medical Center	Rumford Hospital
Mayo Regional Hospital (By Appointment)	Southern Maine Medical Center
Mid Coast Hospital	St. Joseph Hospital
Millinocket Regional Hospital	St. Mary's Regional Medical Center
Mount Desert Island Hospital	Stephens Memorial Hospital
Northern Light A.R. Gould (formerly TAMC) *looking to implement in next two months	Waldo County General Hospital
Northern Light Blue Hill Memorial Hospital	York Hospital
Northern Light Charles A. Dean Memorial Hospital	

OPTIONS: State OUD/SUD Programming

MAT in County Jails

Provider	County Jail
AMHC	Aroostook and Washington
ENSO	Kennebec, Androscoggin, Lincoln, Sagadahoc
Armor	Cumberland
MedPro/PCHC	Penobscot
Correctional Health Partners	York
Private Provider Contract	Hancock
Two more counties are in the planning phase	

OPTIONS: Co-responder



Programmatic Elements

OPTIONS Liaisons:

- Embedded in First Responder Agency
- Co-responds to overdose and SUD-related Emergencies
- Proactive Referrals
- Connection to Recovery Coach
- Required TA participation

Community-based Recovery Partner:

- Community low-barrier access points (Syringe Service Programs, Recovery Centers, Clubhouses)
- Education and Connection to local Harm Reduction services
- Focused on increasing Recovery Capital gains

OPTIONS Liaison: Primary Responsibilities

Post-overdose follow-up

Cont. engagement in the community

ODMAP Notifications

Cross-position referrals and social service supports

MaineMOM Connection

Data Tracking

Naloxone Distribution

Community Anti-stigma education

MaineCare application

Connection to FQHC or other provider for HIV/Hep testing

Harm Reduction support

OPTIONS: Co-responder

OPTIONS Co-responder Provider	Counties of Coverage	Co-responder Hiring Status
Aroostook Mental Health Center	Aroostook (Caribou PD), Hancock (determining linkage), Washington (Washington Sheriff's Office)	Aroostook- Hired, starting end of Month (Kayley)
		Hancock-Recruitment Phase
		Washington-Hired and onboarding (Robin)
Community Health and Counseling Services	Penobscot (Penobscot Sheriff's Office), Piscataquis (Piscataquis Sheriff's Office)	Penobscot- Hired, onboarding (Adam Perkins)
		Piscataquis- Recruitment Phase
Crisis & Counseling	Kennebec (Augusta PD), Somerset (Somerset Sheriff's Office)	Kennebec- Hired and started 1/5 (Jasmine)
		Somerset- Recruiting
Sweetser	Cumberland (Brunswick PD, Franklin (Farmington PD), Knox (Knox Sheriff's Office), Lincoln (Sheriff's Office), Oxford (Rumford PD), Sagadahoc (Bath PD), Waldo (Sheriff's Office), York (Kennebunk PD)	Cumberland-Hired, Tom
		Franklin- Hired, Rebekah
		Knox- recruitment phase
		Lincoln- in interview process
		Oxford- Hired and started
		Sagadahoc- Hired and Started 12/28
		Waldo- Recruitment Phase
Tri-County Mental Health Services	Androscoggin (Lewiston PD)	York- Hired and Started 12/28
		Previously hired and now in full-time capacity

OPTIONS: knowyouroptions.me

OPTIONS
SAVE LIVES

ABOUT ▾ STORIES PREVENT OVERDOSE ▾ RESOURCES DATA GLOSSARY COVID-19

WITH SUBSTANCE USE DISORDER

There are Many Paths to Recovery.

From the grassroots to the Governor's office, Maine is coming together for those affected by the opioid epidemic. We are on a mission to save lives and support communities, and we're putting all the options on the table. Because to give people a fighting chance, we need to keep them alive, safe, and supported throughout their journey of active use and recovery.

OPTIONS Liaisons, by County*

Androscoggin County: Dave Bilodeau – dbilodea@tcmhs.org

Aroostook County: Hayley Goudreau – hgoudreau@amhc.org

Cumberland County: Tom MacElhaney – tmacelhaney@sweetser.org

Franklin County: Rebekah Mitchell rebekahm@wmbh-me.com

Kennebec County: Jasmine Daniels – (207) 446-3304 (cell) or jdaniels@crisisandcounseling.org

Oxford County: Glenn Gordon – (207) 357-1751 (cell) or glenn.gordon@ocmhs.org

Penobscot County: Adam Perkins – aperkins@chcs-me.org

Sagadahoc County: Elizabeth Kinsella – ekinsella@sweetser.org

Washington County: Robin Stanwood – rstanwood@amhc.org

York County: Jon Cross – jecross@sweetser.org

*The OPTIONS liaison program is new. This list will be updated as liaisons come on board for each Maine county.

OPTIONS: Collaboration with Portland PD


BEHAVIORAL HEALTH UNIT
AUTHORIZATION FOR RELEASE OF INFORMATION

I Name: _____ DOB: _____
Social Security Number: _____
agree to allow the Behavioral Health Unit to provide and/or receive information about me regarding services I have received that relate to my current behavioral health needs to and/or from:

Name: _____ Relationship: _____ Phone: _____

I DO / DO NOT authorize disclosure of information which refers to mental health treatment or diagnosis. _____
I DO / DO NOT authorize disclosure of information which refers to treatment or diagnosis of Substance abuse. _____
I DO / DO NOT authorize disclosure of information which refers to treatment or diagnosis of Alcohol or Substance abuse. _____
I DO / DO NOT authorize disclosure of information which refers to treatment or diagnosis of AIDS. _____

I may cancel or change this release at _____ expires on _____

Portland, Maine  Yes. Life's good here.

BEHAVIORAL HEALTH UNIT MEMORANDUM OF AGREEMENT

This Memorandum of Agreement (MOA) is entered into between _____ and the City of Portland Police Department [City] to assure that police officers deal with behavioral health-related calls for service have access to professional advice it provides for a collaborative response that ensures the best opportunity for a successful and safe resolution of an incident. The goal of the police department is to continually enhance its response to individuals with mental illness and substance use issues by working with behavioral health first responders who respond to calls for service alongside officers.

I. Definitions

Behavioral Health First Responder [BHFR]: A behavioral health professional trained and assigned to assist police officers responding to active calls for service, utilizing specific skills to guide, support, assess and assist persons in behavioral health crisis with the goal of resolving or preventing further escalation of the incident. Professionals specifically trained with skills to enhance response as a team approach with law enforcement, assess risk, determine appropriate level of care, ability to provide follow up, advocate, liaison for individuals on specific cases. Continually advocating, training, and being a liaison on a system level for developing more effective and efficient law enforcement and behavioral health collaboration for the community, state and nationally.

GREATER PORTLAND CRISIS COMMUNITY PROVIDER NETWORK
A group of agencies working together to provide and coordinate Crisis Mental Health Services
AUTHORIZATION FOR RELEASE OF INFORMATION

I Name: _____ DOB: _____
agree to allow the Greater Portland Crisis Providers Network to provide and/or receive information about me regarding services I have received that relate to my current needs.

A. I understand that this release authorizes the agencies to share information gathered and determine what services are needed, and to support the creation of a community-based provide for continuity of care among the providers named on this form.

B. I may refuse providing of information with any of these agencies by putting a line through agency name, dating and initialing it. This means that no information will be shared with.

YOUTH ALTERNATIVES / INGraham
Health Care for the Homeless
Oxford Street Shelter
Spring Harbor / Maine Medical Center Mental Health Network
Dept. Health & Human Services - Adult Mental Health Services
Portland Police Department Specialized Co-Response Team

GREATER PORTLAND CRISIS PROVIDER NETWORK -
Milestone Foundation
Mercy Hospital
Catholic Charities of Maine
Shalom Hou.
Amistad
Preble Street

☐ I DO / ☐ DO NOT authorize disclosure of information which refers to mental health treatment or diagnosis. _____
☐ I DO / ☐ DO NOT authorize disclosure of information which refers to treatment or diagnosis of Alcohol or Substance abuse. _____
☐ I DO / ☐ DO NOT authorize disclosure of information which refers to treatment or diagnosis of AIDS. _____

This release expires on _____ (no longer than 60 days). I am _____ in writing.

PORTLAND POLICE DEPARTMENT
STANDARD OPERATING PROCEDURE

Subject: _____
Distribution: _____
By Order Of: _____

Policy #: _____
Effective Date: _____
Revision Date: _____
Review: _____

- I. PURPOSE:**
To provide guidelines for handling overdose incidents so as to reduce fatal opiate overdoses of civilians, as well as accidental exposures to law enforcement officers and police canines.
- II. POLICY:**
In accordance with our mission objective of preserving life, it is the policy of this department to train officers to properly handle overdose incidents, to include the use of Naloxone in accordance with the Maine EMS training module for law enforcement.
- III. DEFINITIONS:**
- A. **Intranasal Atomizer:** Used to deliver a mist of atomized medication person's blood stream and directly into the brain and cerebrospinal fluid
 - B. **Naloxone / Narcan:** An opiate / opioid receptor antagonist and acts produced in intramuscular, intranasal or intravenous forms. Narcan is
 - C. **Opiates / Opioids:** Narcotic analgesic drugs derived from opium, fentanyl, morphine, buprenorphine, codeine, hydromorphone, methadone, oxycodone and oxycotin.
 - D. **Opiate / Opioid Overdose:** An acute condition, including but is not decreased level of consciousness, respiratory depression or core believe to be due to the consumption or use of an opiate / opioid.

PORTLAND POLICE DEPARTMENT
STANDARD OPERATING PROCEDURE

Subject: _____
Revision Date: _____

Effective Date: 07/14/2013
Number: 40F

Response to Behavioral Health Crisis and Involuntary Commitment

Portland Police Department
Next Revision Due: July 1, 2015

The Opportunity Alliance Crisis Service Police Liaison
Memorandum of Understanding between
The Opportunity Alliance Crisis Services and The Portland Police Department

DATE: July 1, 2014

I. PURPOSE
The purpose of this policy is to provide available to assist individuals who are in crisis.

II. POLICY
It is the policy of the Portland Police Department to provide support and/or experiencing a mental health crisis, referral to an appropriate service provider, protective custody.

In a joint effort of The Opportunity Alliance (TOA) and The Portland Police Department (PPD), we have created this Memorandum of Understanding to promote the effective utilization of the TOA Crisis Service Police Liaison position. The Crisis Police Liaison position at TOA was developed to strengthen the partnership between police and mental health services in order to better serve our community and people experiencing a mental health crisis.

The shared goal of TOA and PPD in creating this MOU is to produce the following results in support of the Crisis Police Liaison position:

- Effective collaboration between TOA and PPD
- Coordinated and regular communication between TOA and PPD
- Shared accountability for supporting the work of the Crisis Police Liaison
- Continuous quality improvement across the program and administrative outcomes
- Promotion of the best practice models that support the work of the Crisis Police Liaison, health providers, and the community.

Roles and Responsibilities

- The role of TOA Crisis Police Liaison
- Individuals experiencing a mental health crisis
- The role of PPD

MEMORANDUM OF AGREEMENT BETWEEN HIPAA-REGULATED HEALTHCARE PROVIDER/AGENCY/ORGANIZATION AND THE MAINE STATE POLICE

The **[NAME OF HIPAA-REGULATED HEALTHCARE PROVIDER/AGENCY/ORGANIZATION]** ("PROVIDER") and the MAINE STATE POLICE ("LEA") hereby enter into this Memorandum of Agreement ("MOA") governing the limited disclosure by LEA to PROVIDER of certain information - specified in Section 1, below - that may constitute confidential incident-related "intelligence and investigative record information" ("incident-related IIRI") under Maine law. See 16 M.R.S.A. §§ 803(7), 804.

PROVIDER and LEA are jointly referenced herein as the "PARTIES" and, when contextually appropriate, are individually referenced herein as a "PARTY."

OPTIONS: Technical Assistance

MMA-CQI OPTIONS TOOL KIT

- Program Policy, Procedure and MOU
- ODMAP Data Entry
 - Real time data
 - Alert Set Up
- Leave Behind Care Packages
- Workflow Processes
- Operationalize County OPTIONS Liaisons

OPTIONS: Leave Behind Packets

Help Is In This Packet

You're not alone look inside for next steps. |



TRI-COUNTY
MENTAL HEALTH SERVICES

OPTIONS: Leave Behind Packets

What is naloxone?

What is naloxone?

Naloxone is a medicine that you can give to someone you think is overdosing on opioids and who is not breathing or responding. It is a safe medicine that can reverse symptoms of opioid overdoses and save lives. Please be aware that naloxone does not help someone who has overdosed on a drug that is not an opioid.

For more information:

- For more information:**
- Substance Abuse Treatment information: Call 2-1-1 Or go to: www.maine.gov/dhhs/samhs/gethelp/
 - Call the Poison Center line: 800-832-7622
 - To see a video for how to use naloxone (Narcan) Use this link: www.maine.gov/dhhs/samhs/gethelp/narcan.html



Dear Valued Community Member,

Individual in the Community Member.

to prevent future occurrences and ensure the best

...health opportunities for those in
...Services will be reaching out to
...is opportunity to...

...important, and we... to increase the health and safety of... our household to offer immediate... the Lewiston Police...

EMDC.ORG/WOR

OPPORTUNITYGRANT@EMDC.ORG

(207) 299-5626 • OPPORTUNITY

DEPARTMENT OF LABOR

EMDC EAST AFRICAN DEVELOPMENT COMMISSION

1. **Identify the main components of the system.**

FAQ About Opioid Overdose

App Store Preview



This app is available only on the App Store for iPhone and iPad.

OD-ME
Overdose Rescue
University of Maine System
★★★★★ 5.0, 3 Ratings
Free

SAME DAY ACCESS TO MEDICATION ASSISTED TREATMENT FOR

FIND HELP

Tri-County Mental Health Services
Dave Bilodeau
207-000-0000

Tri-County Mental Health Services
Dave Biloadeau
207-000-0000

Free Post Discharge Home*, Medication Assisted Treatment in the First Step

FreeCare is a medication used to increase the steady state of an opioid overdose. FreeCare (naltrexone) is not treatment for opioid addiction, after Naltrexone is administered, opioid withdrawal effects begin, making immediate referral to treatment, that includes MAT*, critical.

Medication Assisted Treatment

MAAT of OAT has integrated the prescription of medications for the treatment of Substance Use Disorder (SUD) by combining individual, group and family therapy with medications (buprenorphine, and buprenorphine, and buprenorphine) is known as Medication Assisted Treatment (MAT).

To get help call 207-000-0000

STIGMA HURTS

- Stigma is defined as a mark of shame or discredit.
- Stigma promotes a culture of denial rather than acceptance.
- Stigma attaches a label that creates a roadblock to recovery.
- Stigma deters people with substance use disorders from seeking treatment.
- Stigma is based on assumptions and preconceptions, not facts.
- Stigma delays progress.
- Stigma from addiction affects everyone.

HOSPITALS PROVIDING MAT IN THE ED

- * Bridgton Hospital
- * Calais Regional Hospital
- * Cary Medical Center
- * Down East Community Hospital
- * Perkins Memorial Hospital
- * Miles Memorial Hospital
- * Maine General Medical Center
- * Maine Medical Center
- * Midcoast Hospital
- * Mount Desert Island Hospital
- * Northern Light Eastern Maine Medical Center
- * Northern Light Mercy Hospital
- * Northern Maine Medical Center
- * Pen Bay Medical Center
- * Redington-Fairview General Hospital
- * Rumford Hospital
- * Southern Maine Medical Center
- * St. Joseph Hospital
- * Waldo County General Hospital
- * York Hospital

Stigma & Medication-Assisted Treatment (MAT)



ADDICTION IS A
TREATABLE
DISEASE THAT
DOES NOT
DISCRIMINATE

Do you or someone you know have a history of opioid use that has made it difficult to maintain employment?

(207) 299-5626 • OPPORTUNITYGRANT@EMDC.ORG • EMDC.ORG/WORKFORCE



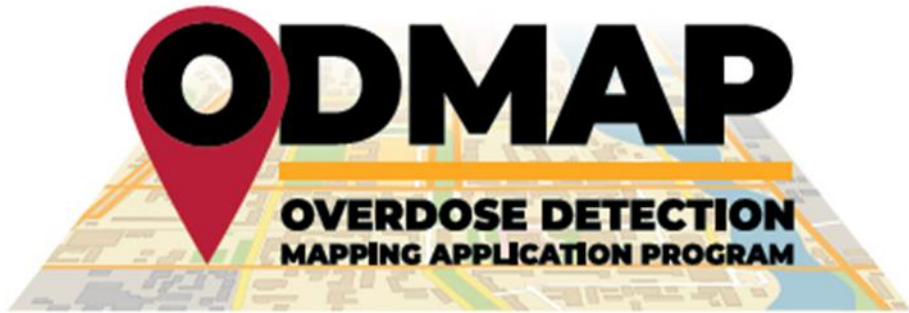
MAINE
DEPARTMENT OF
LABOR



...y offered. Again

16

Overdose Detection Mapping Application Program (ODMAP)



“Provides near real-time suspected overdose surveillance data ... to support public safety and public health efforts to mobilize an immediate response to a sudden increase, or spike in overdose events.”

- Overdose data entered by Emergency Responders
- Overdose alerts to trigger Post-overdose response
- For more information and a list of Maine’s participating law enforcement agency to be signed up for alerts:
www.odmap.org

OPTIONS: ODMAP Technical Assistance

ODMAP Data Entry

- Real Time Data Entry
- Setting up Alerts



OPTIONS: ODMAP Overdose Alerts

The screenshot displays the ODMAP (Overdose Detection Mapping Application Program) interface. At the top, a dark navigation bar contains the ODMAP logo and links for Home, Contact, Overdoses, and Manage. The 'Manage' dropdown menu is open, showing options for 'Your Agency', 'Alerts', 'User Accounts', and 'MOUs'. Below the navigation bar, a search and filter section includes dropdowns for 'Select', 'Select', and 'Ex:', a 'Date Range' section with 'Start' (07/01/2020) and 'End' (01/14/) date pickers, a 'Motor Vehicle Involved' dropdown, and an 'Age Start' field. Below this, three buttons are visible: 'Create Spike Alert', 'Create Overdose Alert', and 'Create Statewide Alert'. The 'Create Overdose Alert' form is expanded, showing fields for 'State' (dropdown), 'County' (dropdown), and 'Incident Type' (dropdown with options: Select, Fatal, Non-Fatal, Both). A 'Subscribers' section contains a text area for email addresses and a 'Create' button.

ODMAP
OVERDOSE DETECTION
MAPPING APPLICATION PROGRAM

Home Contact Overdoses Manage

Select Select Ex:

Date Range

Start 07/01/2020 End 01/14/

Motor Vehicle Involved

Select

Age Start

Your Agency

Alerts

User Accounts

MOUs

Create Spike Alert Create Overdose Alert Create Statewide Alert

Create Overdose Alert

State

Select

County

Select

Incident Type

Select

Select

Fatal

Non-Fatal

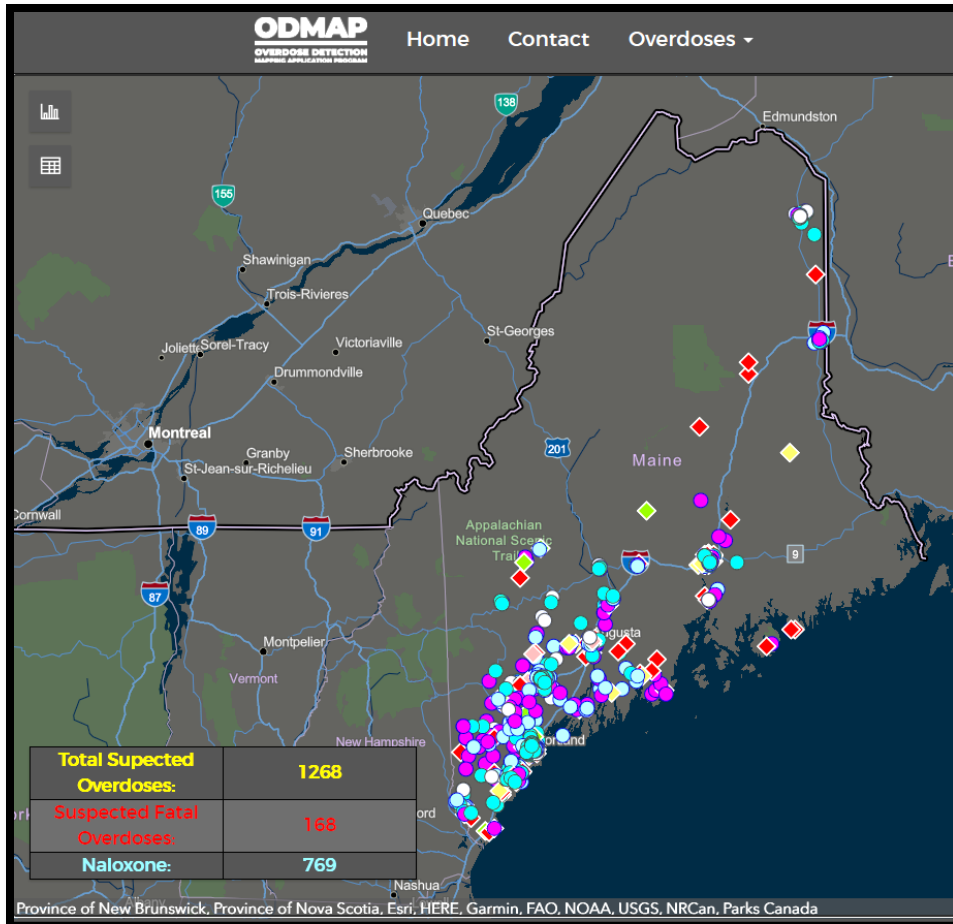
Both

Subscribers

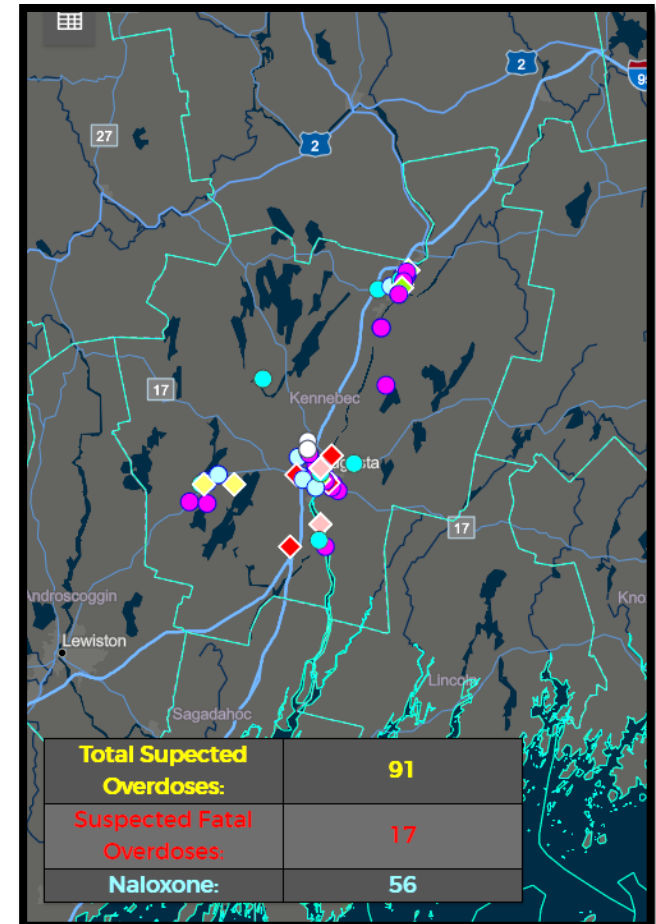
Enter the email address you wish to subscribe here, seperated by a semi-colon (;).

Create

OPTIONS: Targeting areas for Proactive Outreach



Jan 1, 2020-Feb 24, 2021



Kennebec County Data

OPTIONS Contact Information

For more information about ODMAP and the OPTIONS Liaison Implementation:

**Sybil Mazerolle:
Sybil.mazerolle@maine.gov**

**For more information on the ODMAP and OPTIONS Technical Assistance:
Amy Carter:
acarter@mainemed.com**

